

# REST UP

## GROUPS BREAKFAST

AVAILABLE AT OUR IN-HOUSE RESTAURANT

Open from 7:00am - 10:00am

We have prepared for you some fresh and convenient meal deals which you can select from to make sure you maximise your time and budget during your stay in London.

### CONTINENTAL BREAKFAST:

A buffet consisting of several cereals, two choices of bread, assorted jams, real butter, sliced ham, sliced cheese as well as filter coffee/ orange juice/ water.



### FULL ENGLISH:

An overflowing plate of crispy bacon, sausages, oven-roasted tomato, golden brown hash browns and traditional baked beans. Alongside we offer toast, filter coffee/ orange juice/ water. A meal to last hours of sightseeing or to cure a hangover from our Pub Crawls!



For our coffee lovers we are able to make an assortment of coffees including espresso, latte, cappuccino and Americano.

Some of our food may contain nuts and other allergens, please make our staff aware of any/ all food allergies prior to arrival or at latest at the time of check-in so that we can be most accommodating.

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## GROUPS DINNER

AVAILABLE AT OUR IN-HOUSE RESTAURANT

5:00pm till 9:00pm

Wanting to spend as much time possible exploring London? Never fear, **we offer packed lunches for our groups**. These lunch bags include a sandwich, bottled water, bag of crisps, fresh fruit and a sweet treat. Note that packed lunches are **pre-order only** and cannot be requested on the day.

Our group dinners consist of a buffet with two options available:

### 3 COURSE MEAL

Consisting of a starter garden salad or pasta. A main dish (a selection of options shown below) and a delicious slice of chocolate / strawberry cream cake for dessert. The mains are an alternating menu including but not limited to burger & fries, turkey schnitzel & roast potatoes, fish & chips, chicken or beef curry, chicken stir fry, penne tomato, spaghetti bolognese and more.

### 1 COURSE MEAL

One of the delicious main meals as outlined above.

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